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DO YOU HAVE AN ALCOHOL/DRUG ADDICTION?

	<u>YES</u>	<u>NO</u>
1. Do you lose time from work due to drinking/drugging?	_____	_____
2. Is drinking/drugging making your home life unhappy?	_____	_____
3. Do you drink/drug because you are shy with other people?	_____	_____
4. Is drinking/drugging affecting your reputation?	_____	_____
5. Have you ever felt remorse after drinking/drugging?	_____	_____
6. Have you gotten into financial trouble as a result of drinking/drugging?	_____	_____
7. Do you turn to people you normally don't associate with when drinking/drugging?	_____	_____
8. Does your drinking/drugging make you careless of your family's welfare?	_____	_____
9. Has your ambition decreased since drinking/drugging?	_____	_____
10. Do you crave a drink/drug at a definite time daily?	_____	_____
11. Do you want to drink/drug the next morning?	_____	_____
12. Does your drinking/drugging cause you to have difficulty sleeping?	_____	_____
13. Has your efficiency decreased since drinking/drugging?	_____	_____
14. Is drinking/drugging jeopardizing your job or business?	_____	_____
15. Do you drink/drug to escape worries or troubles?	_____	_____
16. Do you drink/drug alone?	_____	_____
17. Have you ever had a memory loss as a result of drinking/drugging?	_____	_____
18. Has a physician ever treated you for drinking/drugging?	_____	_____
19. Do you drink/drug to build up your self-confidence?	_____	_____
20. Have you ever been to a hospital or institution because of drinking/drugging?	_____	_____

If you answered YES to any...

- one of the questions, you may have an alcohol/drug addiction.
- two questions, chances are that you have an alcohol/drug addiction.
- three or more, you definitely have the disease of alcohol/drug addiction.

The above test questions (alcohol only) are used by John Hopkins University Hospital, Baltimore MD, in deciding whether or not a patient is alcoholic.

Reviewed 1/07